

Lake Conference Championships - Tuesday, May 14, 2019

Edina Comm. Center - 75 degrees, sunny, light wind (Perfect!)

4x800m Relay - 8:53.17 (5th)

Splits

2:13.1	Andy Leisen	62.3, 70.8
2:14.1	John Quimby	63.2, 70.9
2:10.2	Connor von Holdt	62.2, 68.0
2:15.4	Matt Harries	64.3, 71.0

1600m

Splits

4:40.92	Charlie Ernst (5th)	69, 69, 72, 70.9
4:41.39	Drake Young (6th)	69, 69, 71, 72.4
4:42.78	Abdi Robleh (8th)	68, 71, 72, 71.8
4:47.51	Umar Hasan (10th)	69, 73, 74, 71.5

800m

Splits

2:07.30	Joel Ostapeic	62.5, 64.8
2:09.02	Evan Stillday	62.6, 66.4

3200m

Splits

10:18.29	Blake Hayden (10th)	74,78,79,78,80,79,78,72.3
10:20.57	Caden Karn (11th)	74,78,80,77,80,79,78,74.6

9 Career Track PRs

1 Season Best